Sonia Pajakowski is a first generation born and raised in Canada, specifically Mississauga, Ontario. She is finishing her BFA in the joint Art and Art History program at University of Toronto Mississauga and Sheridan College. She experiments in different mediums including painting, drawing, video, sound, and photography; and is specializing in drawing and photography. "As I change, so do my ideas and concepts and I feel that they should not be contained to just one technique or medium, therefore my art is constantly changing". Her artistic practice focuses on the subject of the mundane. Her practice focuses on everyday life and its obstacles, whereas she takes mundane concepts and expresses them in different ways so that viewers have the opportunity to experience her way of life. Humour is a large theme in her practice.